

# Post-Trip Self Evaluation



## General overview:

1. Looking back over the trip, how did it compare to what you expected?
2. What was the best thing about the experience?
3. What was the hardest thing?
4. What was the most significant lesson that God taught you?

## Personal:

1. What is one thing you learned about yourself during this trip?
2. What impact did this trip have on who you are? How did it change you?
3. How would you describe your relationship with the other team members?
4. How do you think they would describe their relationship with you?
5. What was your greatest contribution to the project?
6. What was your greatest contribution to the team?
7. Are there areas that this trip pointed out where you need to grow?
8. How are you physically?

Emotionally? (Guilt? anticipation? apprehension?)

Spiritually? (Closer to God? Confused? Excited about God?)

**“How was your trip?”** Prepare various answers to this question. Think of a key story or moment you can share that could invoke questions.

3 second:

3 minute: (main points)

3 hour: (outline or bullets)

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### **What next?**

1. How will you continue to serve?
2. Specifically, what changes in your life do you want?
3. How will you implement these changes?
4. Will you need help with these plans? Do you know who to talk to for help?
5. How can you be involved in missions and outreach after this?

**“One image I won’t forget easily is...”**