

Ideas for Prayer Time

Try a few of these over the course of your time together. Try one way for a few weeks then change to another way for the next few weeks. Changing prayer time up gets the group involved and shows it is okay to pray in different ways.

Leader prayer: After some requests are shared, you take the lead and close in prayer. You may need to do this for a few weeks until members are more comfortable.

For a first meeting where people may not know each other well, take prayer requests and then, as the leader, offer a closing prayer. To ask for requests, ask the question, "How can this group pray for you this week?"

Volunteer prayer: Consider asking for a volunteer to lead prayer at an upcoming meeting. Remind them a few days ahead of time.

At your next meeting ask for volunteers to lead the prayer at upcoming meetings. Let the group know it is okay if no one is ready. If someone volunteers, get with them a few days before the meeting so as not to surprise them. At the meeting, you ask for prayer requests and then turn it over to the volunteer to close in prayer.

Domino prayer: Ask everyone to take turns praying out loud for the person to their right.

Prayer cards: Have each person in the group take an index card and write their name across the top along with one or two prayers. Then have men randomly exchange cards with each other and women randomly exchange cards with each other. Throughout the week, everyone is to pray for the person on the card they received.

Eliminate yellow sections