

- Jane Sturm – Nov 02
- Cam Harrel – Nov 03
- Wendy Moe – Nov 13
- Malia Jorgensen – Nov 16
- Steph St. Jean – Nov 23
- Jennie Gardino – Nov 25

Happy Birthday!

MOPS Schedule: Speakers, Crafts, Snack/Clean-up, & MOPPETS

- **November 19th Meeting**
 Speaker/Topic: Marcie Morgan, Traditions
 Craft: Christmas Gift (TBA)
 Snack/Clean-up Tables: Brunch, all bring something to contribute/All clean-up
 MOPPETS: Brunch Day, N/A
- **December 10th – Mom’s Night Out Event**
 MOPS Bunco Night!
 7 PM at Jasmine Smith’s House
 22204 1st Dr SE, Bothell, WA 98021
 206-354-2669
- **January 7th Meeting**
 Speaker/Topic: Shawn Rowles, Everyday Dad
 Craft: None
 Snack/Clean-up Tables: Yellow, Green, Pink, Brown
 MOPPETS: K. Wheeler, B. Share, B. Dwyer, L. Minton, P. O'Brien, and M. Jacobson



Lauren Neal,
MOPS Coordinator

Spots to Nibble, Sip and Play (redtri.com)

Tot Spot Cafe in Woodinville is set up like a cozy living room with couches for parents and plenty of toys for babies and little kids. The fee-based play space is monitored by staff.
totspotcafe.com

The Village Bean in Bothell. Stop in for a snack, breakfast, lunch or coffee while the kids play at the train table or with the books & toys. Don't miss the playground & train rides behind the shops.
thevillagebeanbothell.com

Orange Blossom Society in Redmond. Let the kiddos play in the toy-filled living room while you help yourself to a selection of coffee, lattes, tea, pastries, fruit & packaged snacks. The playroom is fee-based and parents supervise their own kiddos.
orangeblossomsociety.com

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A Service Project by Lauren Neal

My kids like to watch a station on TV that has really great and usually Christian shows on, called Qubo. The only commercials are infomercials. One day, while in the car, my daughter Peyton (9yr) was talking about a lady, whom I didn't know, but she was describing her so that I might be able to figure out who she was talking about. My son, Jackson (7yr), pipes up and says, "Does she use an InStyler?" Huh? Me: "Dude, what's an Instyler?" Jackson: "Mom, it makes your hair flat to fabulous!" Ah, yes, too many infomercials, dude! See what I mean? They're so moldable, yet we're (I'm) allowing other things to crowd in. It's sad, as a mother, to realize that my still small children have succumbed to the pulls of this world, & all the things that are offered. So, how do I start to change this heart level attitude in them?

First, I think I have to look inside myself. How materialistic am I? How often do I say, "Ok, kids, let's hop in the car, 'cause we're headed to the mall again". The example that I am for my children, especially at this time of the year, with all the hustle and bustle of the holiday season approaching, is an important thing to be aware of.

Think of it as a way to model service and generosity with your kids. We're kicking off the Christmas giving season, here at MOPS, with the best service project ever! It's called Operation Christmas Child. This is an opportunity for us to talk with our kids about kids from other countries who are less fortunate, financially, and how we can give to them. These kids are so excited to receive these gifts we have to offer, and they also hear the message of Jesus Christ, often for the first time. It is making an impact on the children around the world, but it's giving us, as moms, an opportunity to give our own children a valuable lesson in giving. One we often need to learn ourselves.

Let's slow down, this upcoming season, and shop with your kids for these boxes, and discuss where they're actually going. You and your children can also visit the Samaritan's Purse website: www.samaritanpurse.org, to see some more video of the children receiving these boxes. Thanks for participating with our group to make this a special Christmas for lots of kids around the world!!

Secondly, let us here at MOPS help you, by supplying you with a built in service project.

Steering Team	Discussion Group Leaders	Table Mentors
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From the
Gluten Free Kitchen
of Mandy Jacobson
Fresh Thanksgiving
Cranberries



12 oz bag of fresh
cranberries

2 large oranges

1 Cup sugar

Peel the oranges, roughly
chop.

Rinse cranberries, discard
any squishy ones

In a food processor,
roughly chop cranberries.

Add oranges and sugar
and pulse to mix.

Transfer to non-metallic
bowl and refrigerate
overnight. Serve cold.



Mentor Moment: Patience by Beryl Moon

As young moms I know you have had your share of arrow prayers that plead with God, "Please give me patience." Unfortunately, usually God just gives us more opportunities to practice patience. You are going through a life course called MIT (Moms in Training). As soon as you have it down, you will get to start all over with grandchildren. (It's not quite the same.)

My grand-daughter, Havilah, is 5 and is living with us now with her mom and dad, Meredith and Luke. I have had the fun of watching the ups and downs of having little ones around. Havilah was adopted from China in 2006. She is extremely energetic and talkative. This was quite an adjustment for Luke and Meredith. Their idea of a romantic date was to go to Borders and read books. So you can imagine how life has changed for them in the past 4 years. Luke and Meredith are in transition from full-time ministry with YWAM to working to pay off school debt acquired by Luke as he worked on his Masters degree over the past 3 years. It is a time of uncertainty, of Meredith having to live with her in-laws, of the stresses of Kindergarten for Havilah, of the pressure of financial debt and for Luke, wanting to provide for his family.

These trials of life are the processes God uses us to make us women of God who can pass on the hope and peace that comes from walking in tandem with a God who sees us and cherishes us. We are beautiful to Him.

It reminds me of the story of a lump of clay that is transformed by The Potter into a teacup. The process is very painful: the pounding, the molding, the shaping, the spinning, the heating, the painting, and the waiting. But then the lump of clay becomes a beautiful, priceless treasure, desired by many and ready to serve.

Of course, God is never really finished with us until we get to heaven. We know that He is always refining us so we are ready to make the most of the little moments with our little ones and to find joy in serving our families. So the next time you need patience, just ask the Father. And when it hurts or is hot, just know that he is putting another refining touch on you.



In the Spotlight: Kim Knuth HOSPITALITY



Me 'n MOPS: This is my fifth year in MOPS. It's been such a blessing! I've made great friends and had my horizons grown.

About my family... My husband Tim and I are approaching our 9th wedding anniversary. Our son Ryan is 6 and daughter Cassie is 3.

My favorite thing about being a mom is... snuggling with the kids in bed first thing in the morning, wet kisses, and the kids' excitement at seeing a crow or a helicopter.

How I live out my spiritual life... finding meaningful ways to pour God into our children. Who knows how God will use them to affect the world!

I would most like to ask God... how did the Giza pyramids and Stonehenge come about? He knows every secret in eternity!

When I am down, the thing I do to feel better is... I think about how many blessings I have in my life. And usually they all involve people! They are more precious than things.

Little known fact about me is... I stood in line several years ago to have Martha Stewart sign a cookbook. When she asked me a question, I froze up!

The one thing I would love to find at a yard sale is... great holiday decorations!

My secret super-power is... finding the humor in everything!

Craft Corner: Christmas Countdown Calendar

Materials: Construction paper, Scissors, 25 small treats, 2-inch wide colored tape, Puff paint, Tape or glue, Rickrack, Pencil, Colored yarn.

- 1. Gather 25 small treats**, such as gumball-machine prizes, wrapped candy and trinkets. Cut a 4 1/2-foot length of 2-inch wide colored tape. Lay the tape sticky side up and place the treats along the length of it, approximately 1 inch apart.
- 2. Tape together** several sections of a paper grocery bag to create a 6-foot long, 3-inch wide strip. Place it atop the treat-covered tape and press together the paper and tape around each treat. Trim off any excess paper.
- 3. Write the numbers 1 through 25** in puff paint on pieces of colored construction paper and cut them out. Starting at the bottom, tape or glue the numbers to the paper strip, one over each treat. Finally, glue rickrack along the edges of the paper and tape the top of the calendar to a pencil.
- 4. Tie a length** of colored yarn to the ends of the pencil, and the Advent calendar is ready to hang.



Adopt A Family For Christmas



Do you know a family that goes to Northshore or a family in your neighborhood that is struggling financially this season? Is your family struggling?

Northshore's benevolence office is currently compiling a list of families who could use a little extra help this Christmas with food and gifts.

Once they have identified families in need, they will make them available to any individual or group willing to "adopt" one of these families for Christmas by providing gifts and/or food for them.

If you would like to submit the name of a family for adoption, or if you or your small group/MOPS group would like to adopt a family, please contact Bette Hertzberg at betteh@nsb.org or 425-216-4404 for more information.

Names of families for adoption need to be received no later than **November 22**. All names are kept confidential.